

# Spirit of Prophecy Newsletter

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## THE SPIRIT OF PROPHECY NEWSLETTER

The Spirit of Prophecy Newsletter is a publication dedicated to the promotion of the biblical truth concerning God's revelation through Jesus Christ and the Holy Spirit of Prophecy. This newsletter is published by the Ellen G. White SDA Research Centre, NCU to equip readers to participate in the ministry of the Seventh-day Adventist Church.

**Editorial Staff:**  
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## Ellen White's Contribution to the Growth of the Seventh-day Adventist Church

On a bright and pleasant summer afternoon, Friday, July 16, 1915 at 3:40 p.m., Ellen Gould White fell asleep in Jesus. She had been used by God to minister to the Seventh-day Adventist church for seventy and a half years, from her first vision in December 1844, to the day of her death in 1915. On July 16, 2015, we will mark the one hundredth anniversary of her death. In this article, we take a brief look at the sterling contributions of this tireless messenger of God to the ministry of the Seventh-day Adventist Church. At a time when the Millerites were struggling with the confusion that ensued after the Great Disappointment of October 22, 1844, a

young, sickly seventeen year old girl was called to the prophetic office. Her first vision in December 1844 gave the believers assurance that Jesus was with them all along their journey, and despite the disappointment of Him not coming in 1844 as they had expected, if they kept their eyes upon Him they would be guided safely into the heavenly city. Throughout the next seventy years this humble servant of the Lord would receive two thousand visions and prophetic dreams, and would write over one hundred thousand pages of manuscript – prophetic messages to the Seventh-day Adventist Church. It is

certain that the Seventh-day Adventist Church would not be the worldwide Movement it is today without the ministry of the Spirit of Prophecy. I say the Spirit of Prophecy, and not Ellen White because it was indeed the Spirit of Prophecy working through her that gave guidance to the Church. Nonetheless, it is appropriate that we recognize her for her willingness to submit to the Holy Spirit as she endured hardship, poverty, ridicule, sickness and false accusation as she carried forward the mission to which she was called.

... Continued on page 2.

**Believe in the LORD your God, so shall you be established; believe his prophets, so shall ye prosper.**

2 Chronicles 20:20

## Ellen White's Contribution to the Growth of the Seventh-day Adventist Church (Cont'd from p.1)

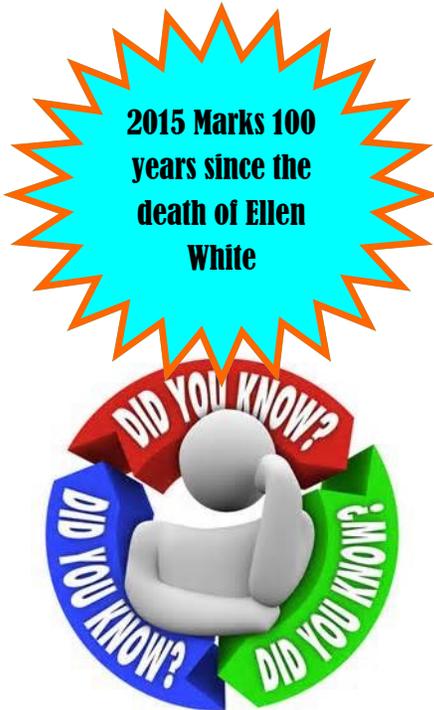
*“Whether or not my life is spared, my writings will constantly speak, and their work will go forward as long as time shall last.”—White*

The success story of the Seventh-day Adventist Church is accounted in no small measure to the promise encapsulated in a brief nugget of truth spoken by King Jehoshaphat in 2 Chronicles 20:20, “Believe in the LORD your God, so shall you be established; believe His prophets, so shall ye prosper.” As the prophetic messenger (Ellen White) was put to the Biblical tests of a true prophet, and was found to be genuine, the brethren fell in line and heeded the messages of the Lord. Notwithstanding the fact that many did not accept her as a prophetess, and some who previously did turned aside from her counsels when they were rebuked by her (John Harvey Kellogg), her testimonies, when heeded, did good rather than ill to individuals, and the corporate body of believers. The impact of Ellen White’s prophetic ministry has been keenly observed in education, publishing (which was dear to her heart), church organization (order), the Great Controversy Theme, the centrality of the Bible, righteousness by faith,

health & wellness, and world evangelism. Not unlike the prophets of old, she faced tough times from some within and without the church. She carried heavy burdens on her heart for the church, and was often overwhelmed by the weight of the labour she had to bear. She was often in earnest prayer for the church, its leadership and its youth, as she shared in the love of Jesus Christ for His flock. She was confident that her messages were from God and that the light they contained would continue to shine until Jesus returns. “Abundant light has been given to our people in these last days. Whether or not my life is spared, my writings will constantly speak, and their work will go forward as long as time shall last. (*Selected Messages, bk 1, p. 55*). On her death bed she reiterated her desire for the youth to read the messages sent to them by God: “I do not expect to live long. My work is nearly done. Tell our young people that I want my words

to encourage them in that manner of life that will be most attractive to the heavenly intelligences.” (*Life Sketches, p. 448*). In conclusion, as we celebrate the one hundredth anniversary of the death of the Messenger of the Lord, let us share in the burden that she carried for the flock of God; let us be more diligent in reading and taking heed to the testimonies sent. Indeed it holds true what King Jehoshaphat said, “Believe in the LORD your God, so shall you be established; believe His prophets, so shall ye prosper.” 2 Chronicles 20:20. We will allow Ellen White to have the final say as to the importance of her messages to the church: “There will be a hatred kindled against the testimonies which is satanic. The workings of Satan will be to unsettle the faith of the churches in them, for this reason: Satan cannot have so clear a track to bring in his deceptions and bind up souls in his delusions if the warnings and reproofs and counsels of the Spirit of God are heeded.” (*Selected Messages, bk. 1, p. 48*).

*Article by Dr. R. Wright*



The Smithsonian, the main publication of the Smithsonian Institute, which is the world's largest museum and research complex has named Ellen White as one of the 100 most significant Americans of all times. The magazine places White in a group that includes the likes of Abraham Lincoln,

Martin Luther King Jr., and Helen Keller in its Spring 2015 issue. "It is good to see an institution of Smithsonian's caliber giving proper acknowledgement to Ellen White," said Wil-

liam Fagal, associate director of the Ellen G. White Estate, a depository of White's writings. It is noteworthy, that in the very year that Ellen White is named one of the 100 most significant Americans, this year also marks 100 years since her death in 1915. Her ministry which spans over 70 years still lives on even after 100 years.



## Exercise-'keep stepping'

HEALTH CORNER

### Ellen White's

**Writings**— Moderate exercise every day will impart strength to the muscles, which without exercise become flabby and enfeebled. By active exercise in the open air every day, the liver, kidneys, and lungs will also be strengthened to perform their work. Without physical exercise, no one can have a sound constitution and vigorous health; and the discipline of well-regulated labour is no less essential to the securing of a strong and active mind and a noble character. {Child Guidance page 339.3 & Christian Education page 69}.

### Science Supports—

When done regularly, moderate- and vigorous-intensity physical activity strengthens your heart muscle. This improves your heart's ability to pump blood to your lungs and throughout your body. As a result, more blood flows to your muscles, and oxygen levels in your blood rise. There are plenty of good reasons to be physically active. Big ones include reducing the odds of developing heart disease, stroke, and diabetes. Maybe you want to lose weight, lower your blood pressure, prevent depression, or just look better.

**SOURCE:** Goodman, Heidi. *Harvard Health Publications*. April 09, 2014. <http://www.health.harvard.edu/blog/regular-exercise-changes-brain-improve-memory-thinking-skills-201404097110> (retrieved May 20, 2015).



# Youth Issues

## Can wrong forms of courtship injure health?



“These untimely hours injure health”

**Common Courtship Practices**—The habit of sitting up late at night is customary; but it is not pleasing to God, even if you are both Christians. These untimely hours injure health, unfit the mind for the next day's duties, and have an appearance of evil. My brother, I hope you will have self-respect enough to shun this form of courtship. If you have an eye single to the glory of God, you will move with deliberate caution. You will not suffer lovesick sentimentalism to so blind your vision that you cannot discern the high claims that God has upon you as a Christian. Satan's angels are keeping watch with those who devote a large share of the night to courting. Could they have their eyes opened, they would see an angel making a record of their words and acts. The laws of health and modesty are violated. It would be more appropriate to let some of the hours of courtship before marriage run through the married life. But as a general thing, marriage ends all the devotion manifested during the days of courtship. {Adventist Home page 56.1}

PUZZLE

## Just Call on Him

Use the letters on the telephone keypad to unscramble this quote to find out how many times God will answer us if we will just take the time to 'call' on Him. Remember--each number could be three letters, so make sure it all makes sense! The first one is done for you, other letters have been filled in to help.

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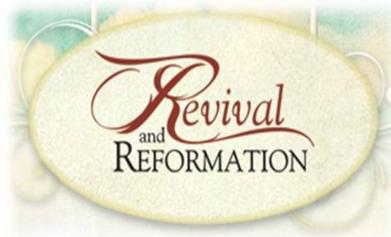


—My Life Today, p.16.

# Does health reform have a place in Revival and Reformation?

<sup>1</sup>The Lord is calling for a revival of the principles of health reform. Seventh-day Adventists have a special work to do as messengers to labour for the souls and bodies of men. <sup>2</sup>There is a message regarding health reform to be borne in every church. There is a work to be done in every school. Neither principal nor teachers should be entrusted with the education of the youth until they have a practical knowledge of this subject. Some have felt at liberty to criticize and question and find fault with health reform principles of which they knew little by experience. They should stand shoulder to shoulder, heart to heart, with those who are working in right lines.

<sup>3</sup>The subject of health reform has been presented in the churches; but the light has not been heartily received. The selfish, health-destroying indulgences of men and women have counteracted the influence of the message that is to prepare a people for the great day of God. If the churches expect strength, they must live the truth which God has given them. If the members of our churches disregard the light on this subject, they will reap the sure result in both spiritual and



physical degeneracy, and the influence of these older church members will leaven those newly come to the faith. The Lord does not now work, to bring many souls into the truth, because of the church members who have never been converted, and those who were once converted but who have backslidden. What influence would these unconsecrated members have on new converts? Would they not make of no effect the God-given message which His people are to bear?

<sup>4</sup>Let all examine their own practices to see if they are not indulging in that which is a positive injury to them. Let them dispense with every unhealthful gratification in eating and drinking. Some go to distant countries to seek a better climate; but wherever they may be, the stomach creates for them a malarious atmosphere. They bring upon themselves suffering that no one can alleviate. Let them bring their daily practice into harmony with nature's laws; and by doing as well as believing, an atmosphere may be created about both soul and body that will be a savour of life unto life. Brethren, we are far behind. Many of the things which the church should do in order to be a living church are not done. Through the indulgence of perverted appetite

many place themselves in such a condition of health that there is a constant warring against the soul's highest interests. The truth, though presented in clear lines, is not accepted. I wish to set this matter before every member of our churches. Our habits must be brought into conformity to the will of God. We are assured, "It is God which worketh in you," but man must do his part in controlling appetite and passion. The religious life requires the action of mind and heart in harmony with the divine forces. No man can of himself work out his own salvation, and God cannot do this work for him without his co-operation. But when man works earnestly, God works with him, giving him power to become a son of God.

*Let all examine their own practices to see if they are not indulging in that which is a positive injury to them*



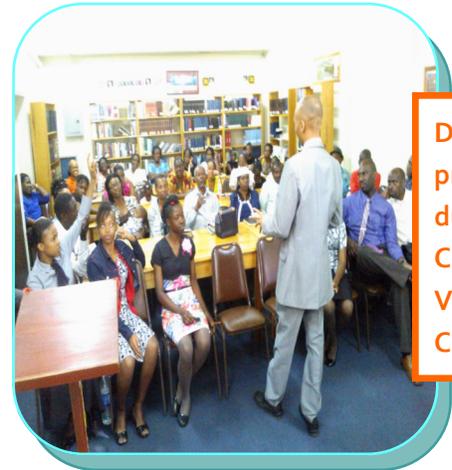
<sup>1</sup>Testimony Studies on Diet and Food page 88.7  
<sup>2</sup>Testimonies to the Church Volume 6 page 370.2  
<sup>3</sup>Testimonies to the Church Volume 6 page 370.3  
<sup>4</sup>Testimonies to the Church Volume 6 page 371.1

Dr. Robert Wright,  
Newly Appointed  
**Director** of the  
Ellen G. White SDA  
Research Centre

Ms. Abigail Foster,  
Newly appointed  
**Secretary** of the  
Ellen G. White  
SDA Research  
Centre

## Sabbath Service at the Research Centre

On Sabbath May 9, 2015, the Ellen G. White Research Centre opened it's doors and welcomed over 30 members from the Clear Park SDA Church for an inspiring prophecy-based program in which we worshipped under the theme: "Preparation for the Final Crisis". God desires His people to prepare for the soon-coming crisis. Prepared or unprepared, they must all meet it; and those only who have brought their lives into conformity to the divine standard, will stand firm at that time of test and trial. Acts of the Apostles pg. 432. The group from Clear Park was led by Floyd Powell, Spirit of Prophecy Co-ordinator. To assist the church at Clear Park in their preparation for the crisis, they received the Nine volumes of Testimonies for Church which was handed over by Dr. Robert Wright.



Dr. Wright presenting during Clear Park Visit to the Centre



Floyd Powell collects gift on behalf of Clear Park S.D.A

## FAREWELL— MS. MANIFA RILEY



Ms Manifa Riley gave seven (7) years of sterling service to the Ellen G. White Research Centre, NCU. Her ministry at the Centre was punctuated by an exceptional dedication to duty. We will surely miss you Manifa, and it is the sincere prayer of our hearts, that God would guide and bless you in all your future endeavours.



Ms. Riley and Members of the SOP Club—all smiles at her sent off held at the Centre

# Pioneer of the Month

## John Harvey Kellogg (1807-1888)



John Harvey Kellogg

John Kellogg was a multi-talented man. He was a surgeon, inventor of surgical instruments, exercise inventor, pioneer in physiotherapy and nutrition, and a prodigious writer. He was one of sixteen children. At age ten, he worked in his father's broom factory in Battle Creek, Michigan. By the age of 16 he was a public school teacher. The next year he attended high school and graduated the same year. In 1873 he was encouraged to take a medical course, by James and Ellen White, who assisted in his tuition expenses. In 1876, at age 24, after finishing a two-year medical course, he was appointed superintendent of the Health Reform Institute in Battle Creek, Michigan. This institution had been opened ten years earlier in answer to a call from Ellen White that Seventh-day Adventists should provide such an institution. Under Dr. Kellogg's management it grew and prospered, achieving world-wide recognition and patronage as

the Battle Creek Sanitarium. In later years, patients included J. C. Penney, Montgomery Ward, S. S. Kresge, Dale Carnegie, Will Durant, Alfred Dupont, John D. Rockefeller, Luther Burbank, Thomas Edison, Booker T. Washington, Homer Rodeheaver, Admiral Byrd, Amelia Earhart, and many others.

Shortly before the turn of the century, Dr. Kellogg came into conflict with church leaders over the control of all Seventh-day Adventist medical institutions. He finally did gain control of Battle Creek Sanitarium. He also began teaching doctrines regarding the nature of God. In 1903 he published a book, *The Living Temple*, which contained the principles of pantheism. Ellen White wrote him many personal messages of warning, but he ignored them.

Dr. Kellogg took great interest in children, and established an orphanage in Battle Creek. During his connection with the church, he probably did more than any other man to bring the work of the Seventh-day Adventist Church to the attention of the world. His lectures and more than 50 books made him widely known, as well as the Battle Creek Sanitarium. But Kellogg had difficulty with those who differed with him in any way. In early years he was a strong defender of Ellen White, and her message of health. But when she began sending messages of correction in regard to his beliefs and practices, he began to pull away from the church. He developed a strong dislike for the ministers of the church, claiming that they were relatively uneducated, and many did not practice health reform, especially in the

area of meat eating. During the period of his controversy with the church, he developed a special antipathy to A. G. Daniells, President of the General Conference. At the peak of his influence, Kellogg had 2000 people employed in his work, while employees for the rest of the entire church numbered only 1500.

Ellen White warned him not to harbour plans to separate the medical work from the church. She was also concerned that he had gathered too much power to himself. Despite Kellogg's attempts to discredit her, Ellen White relentlessly tried to save him from apostasy. She even stayed in his home during the 1901 General Conference session, while still writing her appeals to him. But her counsels went largely unheeded, and when the Battle Creek Sanitarium burned in 1902, she saw it as a judgement against Kellogg's teachings and policies. Finally, on November 10, 1907, the Battle Creek church dropped Kellogg from membership--a tragic ending to more than 30 years of powerful influence in the Seventh-day Adventist Church.



**The legacy lives on**



Ellen G. White Seventh-day Adventist  
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Mandeville, Manchester, Jamaica, W.I.



**You may contact us:**

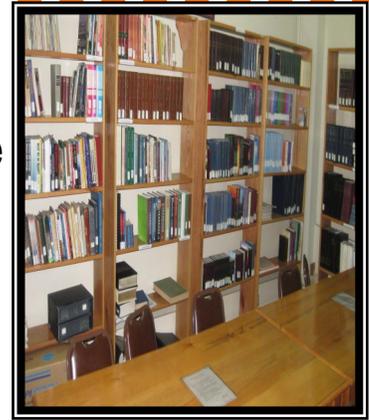


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## Sabbath Programmes at the Research Centre

The Centre opens its doors to one church per month to worship on a Sabbath at our facilities. We also conduct seminars and AY programmes at local churches. For appointments call or e-mail us at the addresses on this page.



**We are on the Web:**



<http://egw-sdaresearch.ncu.edu.jm/>

## GROWING IN CHRIST

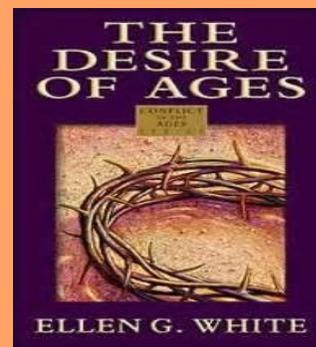
The germination of the seed represents the beginning of spiritual life, and the development of the plant is a figure of the development of character. There can be no life without growth. The plant must either grow or die. As its growth is silent and imperceptible, but continuous, so is the growth of character.



At every stage of development our life may be perfect; yet if God's purpose for us is fulfilled, there will be constant advancement.

{Child Guidance page 162.3}

## BOOK OF THE MONTH



This classic book from the pen of Ellen White gives wonderful insights into

Jesus Christ's vital ministry of salvation to planet earth. The Desire of Ages presents Jesus as the One who can satisfy the deepest yearnings of the human heart.